



## DYFODOL NI OUR FUTURE

A document detailing the purpose of the Dyfodol Ni Partnership within The National Lottery's Mind Our Future Programme.



## CONTENTS











Dyfodol Ni is a funded Partnership of youth-focussed organisations and trusted professionals across Ceredigion County. Funded by the National Lottery Community Fund's Mind Our Future Programme, Dyfodol Ni has come together to deliver joined-up, co-produced services, putting young people at the forefront in order to deliver mental health services and interventions for young people in Ceredigion. The programme will run for six years, with a development period for the first twelve months to design and create a service delivery plan for the remaining five years of the programme.

Our research shows that young people in our area are concerned about the lack of mental-health and wellbeing support, substance misuse, anti-social behaviour, rural isolation and poverty. Mental health was widely identified as having the biggest impact on other areas of their lives.

The ethos at the heart of the Ceredigion Partnership will be to listen to the voice of our young people, provide opportunities for them to express themselves, shape the direction of the project and co-produce future activities to improve the resilience and mental health of young people across Ceredigion as a whole. Therefore, through youth engagement and consultation, the Dyfodol Ni partnership will work together to tackle the barriers that young people in Ceredigion are facing head on in order to bring our services up to their full potential.



### YOUTH-LED

We are youth led. We aim to work together as a partnership to meet needs, as defined by young people, in a way that suits them. As youth workers and service providers, our role is to inspire young people to be the change makers they deserve and provide safe spaces for them to amplify their voices. They are the decision makers of the programme and are empowered to bring their ideas to the partnership.

### TARGET AUDIENCE

The development phase will be delivered over one year, and during this period, the young people will determine the age range the project will work with, in terms of what the project will look like and who it's aimed at. They wanted to be flexible and not preclude any age at this stage. To achieve this, the partner organisations that form the partnership, between them, reach out and support a wide age range from 4-25 years and diverse backgrounds.



The Mind Our Future Programme runs between September 2022 and March 2028. The timeline is as follows:

> DEVELOPMENT PHASE SEPTEMBER 2022 - AUGUST 2023

> YEAR 1 SEPTEMBER 2023 - AUGUST 2024

> YEAR 2 SEPTEMBER 2024 - AUGUST 2025

> YEAR 3 SEPTEMBER 2025 - AUGUST 2026

> YEAR 4 SEPTEMBER 2026 - AUGUST 2027

YEAR 5 SEPTEMBER 2027 - MARCH 2028

-13-



The Dyfodol Ni Partnership pledge was created by young people in order to set the agreement of partner organisations in maintaining the youth-led focus of the partnership activities. All proposed partner organisations must sign up to the below pledge. Organisations agree to ensure the following:

## **YOUTH-LED**

Young people's voices are central to the service offered to them. They can use their preferred service to build independence and trust in youth-led services, encouraging engagement and enthusiasm in what we do.

Services respond to the needs of local young people, as defined by them, offering accessible support wherever possible, with targeted support for those considered more at-risk, disadvantaged or with higher needs.



## 2 INCLUSIVITY, EQUALITY & DIVERSITY

Young people feel welcomed and included in their local area and can access the support they decide they need as they head towards adulthood. They should not feel isolated or different because of preferred language, ethnicity, disability, sexuality, nationality, socio-economic status, special educational needs, mental health issues, religion or any other characteristic.

The local youth services should help to improve life circumstances for young people from all backgrounds by offering support to develop the skills, knowledge and networks they need to access and take advantage of opportunities.

# 3 RESPECT

The needs and wishes of local young people are considered as much as any other community group. They should feel heard, valued and respected. Local youth are actively encouraged to participate in their communities and enjoy opportunities in their area without worrying about judgement or negative stereotyping.



### QUALITY, SAFETY & WELL-BEING

Good quality, open access services are delivered by staff with safeguarding training who have links to further support if needed. Our services help to keep young people safe and support their mental, emotional and physical health, improve their social and economic wellbeing, and make sure they can access education, non-formal learning and activities of their choice.



#### EMPOWERMENT

Services empower young people to progress and engage in employment, education and training, and to take an active role in their local communities. Young people are listened to and can make positive changes to their communities, and understand how to engage with choice making.

6

### POSITIVITY

Services are focused on bringing out the best in each individual, helping them to develop their skills and attributes, rather than attempting to 'fix a problem'. We, as young people, are at the forefront of the organisation, making decisions, leading projects and are taken seriously, valued and respected. By being awarded funding by the National Lottery Community fund, our goals and ideas are closer to reach and we are being awarded the opportunities and recognition that we deserve.

"

Team 43, Cardigan, Ceredigion

-17-





## JOIN OUR PARTNERSHIP

We're stronger together, so if you're an organisation that is interested in joining the Dyfodol Ni Partnership, please get in touch with Becca Head at DyfodolNi@area43.co.uk